



Post- Procedure and Post- Biopsy Instructions

Practice good hand hygiene – always wash your hands thoroughly with an antibacterial soap before changing the dressing or touching your wound to apply medication.

- You can expect some bruising and swelling.
- You can expect some discomfort after the anesthesia wears off. Two extra strength Tylenol taken every 4 hours will reduce the pain. IF Tylenol does not reduce the pain to a tolerable level, please call us.
- Leave the pressure dressing on for 1-2 days after the surgery.
- After 24-48 hours remove the dressing and gently clean the area with soap and water. Do not scrub the area and do not use a washcloth.
- Apply Vaseline ointment and a bandage 2 x daily. It is important to keep the wound moist and covered for at least 2 weeks.
- If bleeding occurs, apply direct pressure to the area for 15 minutes without removing the pressure. If the bleeding does not stop please call the office.
- Be sure to call the office if you think that the surgical site is not healing properly, or if you experience signs and symptoms of an infection such as redness, swelling, drainage or oozing of the site or if the site feels warm to the touch.