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## LASER Info Sheet

### Indications

- At Morgan Dermatology we offer laser therapy for multiple indications including the treatment of unwanted hair, redness, blood vessels, sun spots, brown spots and photo-aging.

### Consultations

- A consultation is recommended prior to initiation of a laser treatment. Laser may be performed on the day of the consultation but WILL NOT be performed if a patient is not properly prepared for the treatment or if the treatment area is too large to be performed in the allotted consultation time. Consultation fee will apply if laser is not able to be performed on the day of the treatment.

### Preparation for the laser treatment:

- Sun protection / Avoidance
  - In all applications of laser treatments sun protection / avoidance in the weeks leading up to and following the laser treatment is imperative. Laser cannot be performed if one is tan, as this can lead to discoloration / scarring following the procedure.
- Use of Self Tanner / Photosensitizing Medications
  - Avoid use of self-tanner and photosensitizing medications (medications that make you more susceptible to sunburns) prior to and during the treatment course.
- Hair Removal
  - For Laser Hair Removal, the area to be treated should be shaved approximately 1-2 days prior to the visit. This hair should be a fine “stubble” so that the treatment areas can be identified but excess hair is not growing outside of the skin. For example the hair should be able to be felt slightly.
- Waxing and plucking of hair is not permitted during the laser treatment course as this removes the hair being targeted and will make the treatment less effective and will lead to additional sessions.

### How many treatments are needed?

- As a rule multiple treatment sessions are needed. The number of treatments depends upon the specific indication. Each session is considered cosmetic and a fee applies to ALL laser treatments.
- Laser hair removal typically requires 6-8 sessions for permanent hair reduction. Additional “touch- up” treatments may be required thereafter.
- Treatments of red and brown spots most commonly require 2-3 treatments initially and may need further treatments as aging progresses.
  - Treatments are typically scheduled 4-8 weeks apart depending upon the area / indication being treated.